



Rockingham & Districts Netball Association

8 - 11 year old Netball Skills Program



6 week duration

- Content: Ball handling, footwork, shadow defence and shooting technique.
 - When: Friday the 16th of February 2018 to Friday the 23rd of March 2018, (6 sessions).
 - Time: 4.00pm to 5.00pm.
 - Where: Mike Barnett Sports Complex, outdoor courts.
 - What to bring: A drink bottle and wear suitable training attire.
 - Cost: \$50.00
- Registration: Registration forms available RDNA Open Day, Saturday 10th February 2018
 - Registration form available on RDNA website under "Forms" tab.

All kids of all abilities welcome.

No netball experience required.

Open to Boys and Girls.