



## Sleep Solutions - Partnership Plus

For parents of children 1-5 years experiencing sleep and settling issues

\*Facilitated by Child Health Professionals\*

- Establish good sleep patterns
- Realistic expectations of sleep
- Sleep and sleep settling strategies
- Gain confidence to assist your child to self-settle

### Event Details

<b>When</b>	Thursdays 10 am – 12.00 noon
<b>Dates</b>	22 <sup>nd</sup> February – 1 <sup>st</sup> March 2018
<b>Where</b>	Warnbro Community Centre, 1 Moreton Crescent, Warnbro
<b>Cost</b>	Free
<b>Crèche</b>	Crèche available, bookings essential

### Registration & Further Information

Contact KEYS on **9439 1838** for further information or to register.



SOUTH WEST METROPOLITAN PARENTING PARTNERSHIP

Warnbro Community  
and Family Centre

