Dear Parents

Swimming lessons are now in full swing and the children have settled into their program well. Most children adjust to the routine of swimming, getting changed and the disruption to the school day fairly well. If your child is experiencing any stress or anxiety as a result of swimming lessons please do speak to your child’s teacher so we can work with the pool to alleviate any concerns.

The process for appointing our new Assistant Principal is now complete. I am happy to announce that Yvette Clifton will be the new AP in 2017. Yvette is currently Director of Student Enhancement at Mandurah Catholic College and prior to that was Assistant Head of Primary. I look forward to working with Yvette and Michael closely to ensure the strong leadership that exists at St Bernadette’s continues into the future.

This will be the last newsletter for the term but the new term planner will not come home until next week. Next term is a very busy term and it will be important to diarise all important events to ensure you don’t miss them. Graduation week will be clearly outlined on the term planner.

Next term there will be a meeting for Year 3 parents to outline the particulars of the iPad 1:1 program. One thing that I have made clear in the past is that iPad minis are not acceptable/appropriate for the program and were only allowed in the first year of the rollout. With this in mind if you are purchasing prior to next year please ensure you purchase an iPad with specifications listed on our FAQ document which is available on our website.

This week’s Parenting Ideas article is about parenting the family underdog. Not all children are naturally successful academically, in sports or in other pursuits. Helping children to whom these things do not come easy is discussed in this article.

Over the last fortnight the students have been focussing on the virtue of Joyfulness. Please discuss this virtue at home and highlight examples with your children.

God Bless

Food For Thought

“True happiness comes from the joy of deeds well done, the zest of creating new.”

~ Antoine de Saint-Exupery

‘If you carry joy in your heart you can heal any moment’

~ Carlos Santana
MISS ADDISON’S MESSAGES WK 9:

FUNDRAISING TERM 3:

PRE-LOVED and RE-LOVED SALE:
Thank you so much to everyone who kindly and generously donated toys and books to our fundraiser sale for our friends in the orphanage. This was a really nice fundraiser, requiring the support and commitment from a lot of leaders (including those helpers in Yr 6 who aren’t official leaders). It was lovely to have ‘little shoppers’ come along before school and/or at lunchtimes to look at what we had and to make their choice. We still have a few items to raffle, which I think we will do next term as it is so busy at the moment with swimming lessons and Open Night preparations. It won’t be a big money maker but it has been a really nice community building fundraiser. We will let you know how much we raised next term.

FOR OUR FRIENDS IN THE ORPHANAGE IN CHITTAGONG, BANGLADESH

Thank you to Cameron, Oliver and Eloise for making these beautiful rosaries to send to our friends in the orphanage. They have made over 100 rosaries so that each of the children and babies in the orphanage can have one. We will send them at the end of the year with the money we raise during our Pre-Loved to Re-Loved sale fundraiser. We are very touched by the kindness and generosity of the Skinner family. Thank you!
Endeavour Dental therapy

Parents please could you contact us if you have moved to update any details that we may require.

During the school holidays we are closed Monday the 26th September and the 3rd October. We are open the 27th September to the 30th September and the 4th October to the 7th October.

In case of an emergency on the Monday the 3rd October please contact Bungaree Dental therapy on 9527 5658.

For any after hours emergencies please call 9325 3452.

From the staff at Endeavour we wish you all a wonderful and safe school holidays.

RDA Olympic Games

CONGRATULATIONS TO Noah and Zavier for their achievements in a recent RDA (Horse Riding) competition.
"Connecting home and school makes up a great community of leaders"

Important Term 4 dates

The next P&F Meeting Friday 28th October 2016 @ 9.15 ish (after Assembly)

School disco Saturday 5th November 2016

Paul Papalia bike raffle and sausage sizzle Monday 21st November 2016

P&F AGM Tuesday 22nd November 2016 7pm

St Bernadette’s P & F Family Movie Event

Sat 10th September

The recent movie day was a hugely successful school community event, with over 240 tickets being sold to students and their families. The cinema was a buzz with excited children catching up with their friends, and indulging in traditional movie snacks of popcorn, choc bombs and sweets.

ACE cinemas kindly supported the event by providing families with complimentary ACE memberships for families and children, and a lucky dip gift for the children on leaving. You can go online to fill in the necessary details to redeem this membership if you didn't manage to fill it in on the day.

In addition one family movie pass was raffled at the door. The lucky winners were;

The Van Andel Family

Thank you to all the families who were able to support this fundraiser event.
FACTION CROSS COUNTRY

We were blessed to have the weather clear for an excellent running day.

Thank you to all of the parent helpers at the carnival and to all of the spectators cheering the students. We must also thank Shane Klopper for his support with the after school training.

Congratulations to the shield winners, Orange and all competitors who gave it their best.

**Individual Medal Winners:**

**Year 1**
1st Chloe Crerar (Go), 2nd Hollie Evans (Bl), 3rd Keira Watson (Or).
1st Mitchell Ilott (Bl), 2nd Daragh Walsh (Bl), 3rd Trevor Tabu (Or).

**Year 2**
1st Sophie Grey (Or), 2nd Nina Lazakovic (Or), 3rd Bonnie Donnelly (Go).
1st Archie Byrne (Bl), 2nd Leeroy Hove (Or), 3rd William Sutton (Bl).

**Year 3**
1st Ava Dolan (Bl), 2nd Madison Soroka (Gr), 3rd Harlow Rewell (Or).
1st Calen Eeson (Go), 2nd Cody Watson (Or), 3rd Toby Williams (Gr).

**Year 4**
1st Lara Sibraa (Or), 2nd Saskia Wilson (Gr), Vanessa Baker (Gr).
1st Euan Vincent (Gr), 2nd Finn Privilege (Bl), 3rd Rylan Klopper (Bl).

**Year 5**
1st Ivana Kursar (Or), 2nd Cierra O'Donnell (Bl), 3rd Sinead Donnelly (Go).
1st Alex DaRocha (Or), 2nd Joshua Evans (Bl), 3rd Bailey Loncar (Gr).

**Year 6**
1st Ellie Glands (Or), 2nd Melody Chant (Bl), 3rd Sophia Pinto (Gr).
1st Elias McPherson (Gr), 2nd James Ellison (Go), 3rd Michael Baker (Gr).
INTER-SCHOOL CROSS COUNTRY

On Tuesday, St Bernadette's participated in the CPSSA Inter School Carnival against eight other schools. Congratulations needs to go to the Year 4 Boys who were overall division winners. Also congratulations to the following students who shone brightly against the tough competition;

Year 3  Ava Dolan, Bronze medalist.
Year 4  Euan Vincent Gold Medal,
        Finn Privilege Silver,
        Rylan Klopper 4th,
Year 5  Ivana Kursar, Bronze Medal.
Year 6  Elli Glands, Gold Medal

The team put in an exceptional performance and finished 2nd overall.

Congratulations and well done to the whole team.
On Monday we will have our annual Open Night. This is a great opportunity to see the work the children have been doing. Please take this opportunity to come along and see the exciting things happening in our classrooms.

ENRICHMENT ROOM

The enrichment room is interactive for open night. If you want to, download Aurasma on your IPad and follow my page MrsDSoroka. If you are unsure, ask the enrichment students on Monday and they will organise it for you.

- You can use an IPAD or your own device/mobile:)

- There are 20-30 Aurasmas to find in my room showcasing Students' work (and some fun ones too)

- Look for the A symbol and have a go:

Mrs Francis also has a page JessecaFelicity for the Year 3 Students
Raising talented kids is relatively easy, but parenting children and young people who struggle can be a significant parenting challenge.

One of the unwritten laws of family life is that talent and ability are unevenly distributed between siblings.

In most families there is one child who seems to have more than his or her fair share of ability. Everything this kid turns their hands to – whether schoolwork, sport or socialising – is done successfully and effortlessly.

If you have such a child then there is a fair bet that another of your children struggles in the same areas. For these children, achieving success takes more effort and concentration than it does for their sibling.

Just as it is easy for parents to marvel at the talented child, it’s frustrating and, at times, heart-breaking to watch another child struggle to attain even mediocre levels of success at school, sport or leisure activities.

It’s harder still when you know that no matter how hard this child tries they just can’t be as successful as their sibling, who continues to get all the glory and accolades from relatives and friends.

As a parent it’s important to be realistic about what each child can achieve. Keep your expectations in line with their ability and maturity, and avoid making comparisons between siblings.

Here are some ideas to keep in mind if you are parenting a child for whom success at school, sport and other common childhood activities just doesn’t come naturally.

1. **Be your child’s cheerleader**
   Kids who have to work really hard to achieve need someone in their lives who is able to boost their self-confidence, particularly when they are struggling. Make a fuss over small successes so they can puff up their chests every now and then.

2. **Focus your comments on contribution, improvement and effort**
   It’s difficult praising kids when the results aren’t there but you can always focus your comments on their contribution to the team. Focus on things improvements shown in reading or the effort they are making at art.

3. **Remember that persistence pays**
   Children who persist learn an important life lesson – that is, success in most endeavours takes effort. Those kids who sail through their childhoods without raising a sweat can struggle when eventually they do have to work long and hard to succeed.

4. **Help kids identify their strengths**
   Kids are like niche marketers – they define themselves by their strengths.

   “I am a good reader” or “I’m sporty” or “I’m really good at art” are some of the labels kids will use. As they move into adolescence the number of options for success opens up, so help them find one or two areas that they enjoy and can easily achieve success in.

5. **Don’t put kids on pedestals**
   It is difficult living in the shadow of a superstar so avoid making a huge fuss over the achievements of a particular child – it makes life difficult for those who follow. Recognise results but balance that by focusing equally on the efforts of the others as well.

Raising kids who find life a breeze is easy. However, parenting the underdog who takes longer to mature or who must put in 110% effort to achieve is challenging for any parent. It requires parents to focus on kids’ strengths, be liberal with encouragement and have realistic but positive expectations for success.
Warnbro Swans Cricket Club
Okehampton Road Warnbro

Programs for all kids

• in2Cricket (5-8yr old)
• T20 Blast (7-12 yr old)
• U13s All Girls Cricket Team
• U10-17s Mixed Cricket Teams
• Integrated Cricket Side

Visit www.playcricket.com.au to register, or email warnbroswanscc@hotmail.com
Phone: Ben Doudle 0438 691 144 or visit www.wscc.wa.cricket.com.au
School Holiday Program

SING-CRAFT

Join us for:
Singing, playing musical games, sand card craft, playdough sculptures and masterchef and Batik Ink Malaysian craft

AGE 3-6: TUESDAY 4TH OCTOBER 9.30-11AM

AGE 7-12: WEDNESDAY 5TH OCTOBER 1-3PM

WAIKIKI COMMUNITY & FAMILY CENTRE

TICKETS: $14 - $16 PER CHILD
www choirs4kids com/sc